

AYUSH SECTOR

Norms for Registration and licensing of AYUSH Nursing Homes/ Private Hospitals and Clinical establishment (Specialized Therapy Centres etc.)

1. Nursing Home/ Private Hospital

A. Condition for establishing and ISM Nursing Homes/ Private Hospitals.

No body shall open, keep or carry on an AYUSH Nursing Home/ Private Hospital without:

- i) Being registered in respect thereof and except under in accordance with the terms of a licence granted thereof.
- ii) Proper permission from Municipal Committee notified area Committee Panchayat.
- iii) Permission of Pollution Control Board for disposal of biomedical waste.
- iv) Proper permission from UEED for sewerage and drainage.
- v) Registration of Hospital establishment from Government Authority (Director, of ISM).

B. The terms and conditions of registration and licence of AYUSH Nursing Home including the following.

i) **BUILDING:**

1. Reception = providing information to the patients and attendants.
2. Registration and record area.
3. Rooms near the reception with space for patients subject to patients load of registration.
4. Waiting Room = Approximate = 08 sq. ft. for one third of the average daily attendant of patient.
5. Public lavatory = Separate for male and female both for patients and attendants.
6. Drinking water = Round the clock water supply.
7. Electric facility = Round the clock electric facility (Standby generation facility).
8. Fire fighting system.

9. **CLINICAL FACILITY:**

- a) Consultation room with examination facility for both male and female separately = 200 sq. ft.
- b) Special examination room. = 200 sq. ft.
- c) Consultation rooms according to the specialty offered (Moalijat, Jarajyat, Qabla).
- d) **Indoor Wards:**
 - Single bed = 120 sq.ft.
 - Double Bed = 140 - 160 sq. ft.
 - Three bed = 210 ó 280 sq. ft.
 - Four bed = 240 ó 280 sq. ft.
 - Six bed = 380 ó 400 sq. ft.
- e) Ward should have facility for nursing stationed staff duty rooms with toilets, clean utility area.
- f) **Ventilation and lighting:-** The hospital must have the scientific ventilation, lighting, heating utility cooling.
- g) Clinical Lab:- A well equipped clinical lab. with equipments and reagents for routine clinical investigations is essential. A diploma holder technicians with registration.
- h) Jarahat Section/ Shalaya :- Day to day surgical instruments with emergency medicines and instruments.
- i) X-Ray plant, ECG, Ultrasonography facility.
- j) Minor Operation Theatre for treatment bil-yad.
- k) Ambulance service.

II. **MANPOWER:**

- 1. Administrator with degree in any of AYUSH stream, recognized by Competent Authority with Degree/ Diploma in Hospital Administration Management/ or having on MBA from recognized Institute.
- 2. Resident Medical Officer:- Minimum two Medical Officer with recognized degree.
- 3. Consultant:- Depending upon the type of service provided.
- 4. Nurses:- One Nurse for five beds.
- 5. Paramedical:- Depending upon type of service provided.
- 6. Nursing Orderlies:- Two for ten beds.

7. Dawasaz:- Pharmacists one male and one female with Diploma Certificate recognized by Government.
 8. Therapy Technician:- Two Therapy Technician one male and one male each stream depending upon the services and stream provided.
 - iii) The Nursing Home/ Private Homes shall not be used for unsocial/ immoral purposes.
 - iv) Sanitary and hygiene should be up-to mark.
 - v) Record of persons received & accommodated shall be maintain properly.
 - vi) Record Keeper with day to day Record keeping must submit monthly basis to the authorities (total work done).
 - vii) Theatre Assistant with Diploma in concerned subject.
 - viii) X-Ray technician in diploma in concerned subject.
 - ix) Graduate with Diploma in Degree or PB Diploma in ECG or ultra-sonography.
 - x) Anesthetist with diploma/PG in concerned subject.
 - xi) Graduate Nurse as warden and diploma holders in Nurses for wards.
- C. A certificate of registration issued to AYUSH Nursing Home/ Private Hospital shall be kept affixed in a prominent place in the Nursing Home/ Private Hospital issued by Directorate of ISM J&K Government.
- D. A certificate of registration and license shall be valid until 31st of March next following the date on which certificate was issued.

2. SPECIALIZED THERAPY CENTRES:

I – Panchkarma Centre

1.	Six therapy rooms (each of 200 sq. ft. area x 6)	1200 sq. ft.
2.	One OPD room	200 sq. ft.
3.	10 Beds space for accommodation 05 male and 05 female patients.	300 sq. ft.
4.	Kitchen (existing kitchen can be utilized if Space not available)	200 sq. ft.
5.	Office cum record room	600 sq. ft.
6.	Change Room	200 sq. ft.
7.	Centrally heating system	200 sq. ft.
	Total	2900 sq. ft.

MANPOWER:

One Graduate AYUSH doctor with degree/ diploma/ Certificate Course from recognized Institute in Panchkarma four Therapy Technician two male and two female Pharmacist / M.F. worker.

Nursing Orderly/ Attendant	02 Nos.
Sweeper	01 No.

II- Ksharsutra Therapy Centre:

1.	OPD room	400 sq. ft.
2.	Operation Theater	200 sq. ft.
3.	Sterilization room (existing one can be used)	200 sq. ft.
4.	Recovery Room	200 sq. ft.
5.	Multipurpose room	200 sq. ft.
6.	10 beds 05 for male 05 female 300 sq.ft.	600 sq. ft.
7.	Office cum records room	200 sq. ft.
8.	Anesthetist	200 sq. ft.
	Total	2200 sq. ft.

MANPOWER:

1. One AYUSH doctor with Post Graduation/ Training in concerned specialty from a recognized institution.
2. Two Therapy Technician one male and one female.
3. One Pharmacist.
4. Two Nursing Orderlies.
5. One Sweeper.

III – Yoga and Naturopathy Centre:

Accommodation:

i)	Yoga Hall	1200 sq. ft.
ii)	Consultation room	200 sq. ft.
iii)	Therapy Section	600 sq. ft.
iv)	Office-cum-record room	200 sq. ft.
v)	Change Room	200 sq. ft.
vi)	Toilets and bath rooms 03 for males and 03 for females (3 x 10 x10 x 2)	600 sq. ft.
	Total	3000 sq ft.

MANPOWER:

- One AYUSH doctors with degree/ diploma in concerned subject.
- Two Therapy Technicians one male and one female.
- One Pharmacist and Multipurpose worker.
- Two Nursing Orderlies.
- One Sweeper.
- Registration/ Licensing Authority Directorate of ISM, J&K.

IV – REGIMENTAL THERAPY (ILAJ BIL TADBEER)

I) <u>Dalak (Massage) Unit</u>	
i) OPD Room	200 sq. ft.
ii) Therapy Section (4 rooms each of 200 sq. ft.)	800 sq. ft.
iii) 10 beds (five for male and five for female) (300 sq.ft. x 2)	600 sq. ft.
iv) Office-cum-record room	200 sq.ft.
Total	2100 sq. ft.

MANPOWER:

- One post graduate with specialization or diploma/ Certificate Course in concerned branch recognized by CCIM.
- Two Therapy Technicians (one male and one female).
- One Pharmacist.
- Two Nursing Orderlies.
- One Sweeper.

List of equipments required for establishing regimental therapy.

I – Dalak Unit

1. Massage Table (wooden/ fibre) LxBxH =7x7x2.5 ft.	= 4 Nos.
2. Geyser	= 4 Nos.
3. Hot fomentation instruments (Steam chamber)	= 4 Nos.
4. Gas Stove (Heating apparatus)	= 4 Nos.

5.	Shower (Cubic in different material)	= 4 Nos.
6.	Computer with all accessories.	= 4 Nos.
7.	Dry and massage for Mechanical massage	= 4 Nos.
8.	Exercisers of different types.	= 4 Nos.
9.	Weighing machine	= 1 No.
10.	Ultra red lamp for heating.	= 1 No.
11.	2.75 hp0 Max motor	= 1 No.
12.	Cushion desk (foldable)	= 1 No.
13.	68 kgs. Frame weight sturdiness	= 1 No.

Pattern of Dalak may be adopted for FASAD (Venisection), Taelex (Leeching), Reyazat (exercises) and Hajamat (cupping). Modern Innovations.

II) HAMAM UNIT

Accommodation:

i)	Office cum record room.	=	200 sq. ft.
ii)	OPD Room	=	200 sq. ft.
iii)	Therapy Section	=	1000 sq. ft.
iv)	Space for 10 beds (five male and five female) i.e. 300 sq. ft. each.	=	600 sq. ft.
v)	Change room	=	200 sq. ft.
vi)	Toilets and bathroom 03 each.		

MANPOWER:

1. Out Door Clinic:

- 2 degree holder doctors.
- One Pharmacist
- One Multi Purpose Worker.
- 02 therapy technician one male and one female.

2. Specialized therapy centre:

- Two degree holder doctors.
- Four paramedical staff.
- Four therapist (2 male and 2 female).
- One Pharmacist.
- One Multi-purpose Worker.

Equipments Required for Hamam

1. Office table with chairs.
2. Revolving stool.
3. Examination table with mattress.
4. General diagnostic instruments (B.P. apparatus), stethoscope, ENT box etc.).
5. Benches for patients.
6. Almirah.
7. Emergency light/ inverter and Generator (Big).
8. Medical or surgical instruments generally required in a clinic.
9. Refrigerator.
10. Reference books with stationery items.
11. Computer with accessories.

3. **MATAB (CLINIC)**

Matab means only medical advice and prescription.

(a) Specification:-

i) Accommodation:

Room with good ventilation	=	200 sq. ft.
Waiting Room	=	200 sq. ft.
Lavatory	=	100 sq. ft.

ii) **Furniture/ equipment:**

1. Official Chair	=	One No.
2. Stool	=	One No.
3. Table	=	One No.
4. Examination Table	=	One No.
5. Side screen	=	One No.
6. Needle Cutter	=	One No.
7. Weighing machine	=	One No.
8. Tongue Depressor	=	One No.
9. Stethoscope	=	One No.
10. B.P. Apparatus	=	One No.
11. Thermometer	=	One No.

12. Meter tape = One No.
13. Good lighting arrangement.
14. Heating and cooling system.
15. Safe Drinking Water System.
16. Dust bin

In case of Female Pharmacist attend by Male Consultant a Female attendant shall accompany.

iii) **MANPOWER:**

One graduate having BUMS/ BAMS/ BHMS recognized by CCIM and registration by J&K Board of Ayurvedic and Unani Medicine/J&K Homoeopathic Board.

Two helpers/ multipurpose workers.

One Sweeper.

Condition:

Registration is mandatory of all clinics.

NOC from concerned quarters.

AYUSH graduate having BUMS/BAMS/BHMS registered with the competent authority in the State.

Diploma holder of ISM & H stream/ Khandani Practising personal with experience (Condition already registered).

Clinics already being run by the registered practitioners and not fulfilling the minimum prescribed norms at the time of first registration shall be given three months to make up the deficiency. A provisional registration certificate shall be issued to such clinics in the first instance. If they fail to make up the deficiencies at the end of prescribed time, action may be initiated as per rules.

Note:-

1. *Every clinic will have to give an affidavit to the registering authority that they shall not indulge in prenatal sex determination of fetus and illegal trade of narcotics. The clinic is simply for providing medi-care to the people according to the rules and regulations laid down by the government and maintain day to day register of OPD/IPD.*

Fee Structure:

Graduate with BUMS/BAMS/BHMS/	= Rs. 50/-
Graduate with PG and above qualification.	= Rs. 75/-
B-grade Specialist/ Asstt. Professor	= Rs. 100/-
A-grade Specialist/ Associate Professor	= Rs. 150/-

Note:-

1. Fee charged for two visits in 15 days.

4. Shop (Medical Shop of ISM and H Stream)

ISM Pharmacist (Dawasaz) having one year diploma from ISM Department or any other recognized institution with atleast one year experience in dispensing drugs of AYUSH.

OR

Khandani Practitioners having proof from district level officer of ISM and Deputy Commissioner concerned.

OR

Diploma holders from any recognized institute under norms.

OR

Experienced personal having passed matriculation with atleast 5 years experience of dispensing of any of AYUSH steam with certificate from a qualified AYUSH practitioners, endorsed by District ISM Officer concerned ADMO.

Accommodation/ Specifications and other requirements: